



Sarthak

“Social Action Research Training Health Awareness & knowledge”

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Annual Report 2016

GARIMA-Mirzapur-SARTHAK

IKEA Foundation supported “Garima – Girls today, women tomorrow” project is being implemented by SARTHAK organization by support of UNICEF Uttar Pradesh. Using menstrual hygiene management (MHM) as the base, the project ensures that ‘key stakeholders have the knowledge and the capacities to enhance life skills for adolescent girls (including adolescent girls themselves) and promote appropriate practices and social norms for adolescents participation.

Achievements of the Years in Garima Project are as followings:

- ❖ Through 48 MHM& IPC training 754 FLWs (307 AWWs, 299 ASHAs and Teachers 148) has been trained on the same.
- ❖ Through 77 PE Orientation 413 Peer Educators got orientated on MHM and IPC skills.
- ❖ 4236 members of 204 mother groups have been oriented on MHM& IPC through 1939 by- monthly meetings.



- ❖ 9241 members of 408 Adolescent groups have been oriented on MHM& IPC through 7344 monthly meetings.
- ❖ 3764 male members of community of 204 villages have been sensitized on Gender and Adolescent health through 200 meetings.
- ❖ Through 69 Sector meeting of ASHAs and 75 Sector meeting of AWWs approx. 299 ASHAs and 307 AWWs has been oriented on Garima objectives and their role.
- ❖ Through 422 film screening 204 villages of City and Majhwa Block has been Oriented for the MHM, IPC and Gender.
- ❖ Approximately 1802 adolescent boys of higher secondary have been orientated on Gender issues and Nutrition/Education importance of girls.
- ❖ Through 560 Maa-Beti Sammelan approx 24381 Adolescent girls and their mother have been sensitized on MHM, IPC and Gender.



❖ Through 12 Interface meeting a better coordination has made with government official to sort out the adolescent issues.

❖ Through 24Nukkad Natak presentation approx. 2450 people have been sensitized on Gender and IPC.

❖ Through 4 news letter publishing, awareness reached in community.

- ❖ Through House Hold Visit 14512 adolescent girls were covered on MHM and IPC.
- ❖ Approx. 275 burning unit as a local solution for used Pad/cloths ware made.
- ❖ Approx. 1260 girls visited in community level sanitary pad manufacturing unit for exposure visit.
- ❖ Approx. 820 girls have been counseled by councilor in Garima field.
- ❖ Through 69 KGBV meeting at least 320 girls student have been covered on MHM and IPC.
- ❖ A district level convergence meeting with all concern govt. officials to share update and support required.
- ❖ District Level PEER Educator Utsav was celebrated for "Chuppi Todo Khulkar Bolo" and identification.



LANDESA-SARTHAK

Project was being implemented in Sadar Tehsil Mirzapur in coordination with LANDESA. Project helped to poor, rural women and men gain secure rights to land and the opportunity to build a better future. Project, works on the core issue of land rights in partnership with government through policy advocacy and by demonstrating models that can be further scaled up by government.

Major Achievements of the Project are as followings:



❖ Orientation on land rights/related concerns of 12500 women in SADAR Tehsil of Mirzapur.

❖ Orientation of 87 Women Gram Pradhan of Sadar on Land Management committee, Land Rights, related concerns and their role and rights.

❖ Celebration of International Rural Women Day and sensitization on land Rights.

❖ Linkage of rural women with social security schemes.



TARA Akshar + Literacy Program for women-SARTHAK

This project signed between Development Alternatives and SARTHAK and at least 29500 rural poor women of Mirzapur have been benefitted by this program and awarded by literate with certificate.



A significant relationship has been seen between literacy, employment and development. Literacy and vocational skills benefits both individuals & communities. It transforms people, communities & the entire social structure at large, and is a key to socio-economic development. Literacy plays an important role in providing skilled manpower and thereby empowerment. Women are the most powerful instrument for bringing about

change as women empowerment leads to empowering the family, the community and ultimately the nation as a whole.

Major Achievements of this Project are as followings:

- 29500 rural women of Pahadi and City received the certificate of Literacy by joint effort of Development Alternatives and SARTHAK Organization in Mirzapur district.



- At least 400 women among the newly literate have been joined vocational skill development program in district.
- 20 remarkable success stories of these women who promote to others.

Quest Alliance: SARTHAK

Through this project rural poor girls of Mirzapur were benefited with career counseling and vocational guidance programme and Enhancing the quality, relevance of education and work transitions of disadvantaged youth through knowledge creation, innovative action and supporting multi disciplinary collaborations. *At least 70 students received the career counseling on the same.*

Indian Carpet export Promotion Council (CEPC) SARTHAK

School are being run in Varanasi, Sant Ravidas Nagar and Mirzapur under the observation of SARTHAK funded by Carpet export Promotion Council for child laborers and those children whom family is living below poverty line and carpet industry is their main source of income.

THANK YOU